

COUNTY OF LOS ANGELES Public Health

Value-Based Incentives, Year 3 Reaching the 95% Champion

Email: SAPC-VBI@ph.lacounty.gov R95 Consultation Line: (626) 210-0648 M-F 8:30am-5:00pm, excluding County holidays

Value-Based Incentives



R95 Champion Incentive: Eligibility

- 1. Must complete **all**:
 - Admission policy
 - Admission client-facing agreement
 - Discharge policy
 - Toxicology policy
 - Toxicology client-facing agreement
- Approvals may span across fiscal years
- Deliverables due by EOD December 31, 2025

- 2. At least one of the following MAT activities:
 - a. MAT Education/Services for OUD in Non-OTP settings
 - b. MAT Education/Services for AUD
 - c. MAT Agency-wide Naloxone Distribution
- Only eligible if completed in FY 25-26 based on final YTD % (Q1-Q3)

What if I completed the policies and agreements in a previous fiscal year?

You are still eligible to complete a qualifying MAT VBI activity for the R95 Champion Incentive in Year 3

AND

Value Based Incentives



R95 Champion Incentive: Process and Timeline

- Provider agency completes R95 Policies and Client Facing Agreements by December 31, 2025
- SAPC sends courtesy notice by April 15, 2026 to provider agency of satisfied Criteria 1 and eligibility for R95 Champion Incentive *if* Criteria 2 is completed by deadline

- Provider agency satisfies at least one (1) MAT VBI activity by April 15, 2026
- 4. SAPC notifies provider agency of completed R95 Champion Incentive with verification form by **April 20, 2026**
- Provider submits signed R95 Champion Incentive Verification Form and VBI Invoice to SAPC by April 25, 2026



Required policy and agreement language





R95 Admission Policy

- Abstinence is not a condition or prerequisite for admission
- Admission does not require toxicology (drug/UA) test results (whether + or -)
- Same day admission service is offered whenever possible
- Lapse and relapse are part of SUDs and we work with clients who want care
- Language Assistance services are provided for clients who needs them to participate
- Clients with mental health conditions and psychiatric medications are served
- Prescriptions for addiction medications are allowed/encouraged
- Medi-Cal does not need to be active or assigned to LA County at admission
- Service environment matters, make it feel inviting

- *Optional* language update around interpretation services available through EPS SAPC (p.4)
- Included "Addiction Medication" as alternate term for MAT (p.6)
- Added optional language listing examples of group sessions appropriate for clients with mixed goals (p.11-12)
- Changed optional language from "should" to "may" when considering separate areas for different recovery goals (p.12)



ADMISSION POLICY: RECOVERY GOALS – ABSTINENCE AND NON-ABSTINENCE

• OUTPATIENT AND RESIDENTIAL / INPATIENT LEVELS OF CARE

- Prospective clients who are unsure about abstinence are ENCOURAGED to participate in an intake appointment.
- Staff accept clients where they are at in their recovery journey and offer services to match their needs, for example some clients may get more individual than group services.
- Staff use Motivational Interviewing techniques to maintain an open dialogue with clients to discuss their goals which may evolve over the treatment episode.

RESIDENTIAL / INPATIENT LEVELS OF CARE

- Admitting a client without abstinence goals does not mean they can use onsite.
- New clients do not need a negative (or positive) toxicology test to be admitted and may have used substances in the 24-hours prior to admission. Consult with on-duty LPHA as needed.

- Added *optional* language listing examples of group sessions appropriate for clients with mixed goals (p.11-12)
- Changed *optional* language from
 "should" to "may" when considering
 separate areas for different recovery
 goals (p.12)



R95 Admission Agreement for Client Signature

Includes important information about treatment services and care delivery including elements required by state for licensing and certification

- Supports abstinence as a treatment goal
- Welcomes clients who have not decided to stop using but want services
- Acknowledges that addiction (SUD) is a life-long health condition (chronic disease)
- Empowers clients to decide their own treatment goals which may include a reduction in substance use instead of complete abstinence
- Encourages program participation and following of program rules and consequences
- Informs client that readmission is determined on a case-by-case bases in consultation with their clinical supervisor with no minimum time requirements

- Updated required language to explicitly state the "use, possession, or sale" of substances on site is "no tallowed and will result in reasonable consequences" (p.1)
- Updated required language to include legal status in antidiscrimination statement (p.2)
- Made a fax number for grievances or complaints optional (p.4)



R95 Discharge Policy

- Positive toxicology (drug/UA) test doesn't mean automatic discharge
 - -No automatic discharge/transfer hospital/withdrawal management from residential
- Use the care coordination benefit to help prevent clients from losing Medi-Cal during the treatment episode
 - -No discharge when health benefits lapse for those that remain eligible
- Ensure a warm-handoff when stepping a client up or down levels of care
- Provide informational materials at discharge, including naloxone



R95 Toxicology Policy

- Provides an outline of agency protocol for implementing toxicology testing as a therapeutic tool to support clients in SUD treatment.
 - -Grounds testing in a trauma-informed, culturally-response approach, prioritizing respect, safety, and accuracy.

FY 25-26 Updates to Language:

 Corrected optional language to be more inclusive of treatment settings (formerly "residents" updated to "clients") (p.6)



R95 Toxicology Client Agreement

- Informs clients about the toxicology testing process, the benefits of engaging in testing, client expectations, and client rights.
 - Testing is a clinical tool used to facilitate discussion with clients around their substance use and triggers, progress toward their goals, and linkage to additional resources, including harm reduction.
 - A toxicology test (+/-) is not required for admission and a client will not be automatically discharged if they test positive (without consideration of the client's other behaviors and actions).

- Updated required language for syntax around "trauma informed, culturally responsive client-centered care" (p.1)
- Updated required language "Testing may occur" (p.1)
- Added required language around how refusal to submit to toxicology testing will be addressed (p.2)
- Added required language about how toxicology results may be reported when required by other agencies (p.2)
- Added optional language of client's right to request a copy of agency's toxicology policy



Resources





R95 Support for Treatment Agencies

• R95 101 Training for Frontline Staff

- In person trainings per provider agency to address staff questions and concerns about real life application of R95 principles
- Request by email or through <u>Booking</u>
- R95 Value-Based Incentive TA
 - Virtual meeting to discuss specific R95 topics and/or Value-Based Incentive deliverables
 - Request by email or through <u>Booking</u>
- R95 Consultation Line for Providers
 - (626) 210-0648
 - M-F 8:30am-5:00pm, excluding County holidays
- R95 Virtual Monthly Office Hour
 - Monthly Teams meeting with R95 overview and updates with dedicated time for agency questions

SAPC 1 Neutral Feb Seater	
Reaching) the 95%
SELECT A SERVICE	
R95 Value Based Incentive TA	R95 101 Training for Frontline Staff (per agency)
Meeting with R95 staff for treatment provid Read more	On-site trainings for treatment agency fron Read more Free · 1 hour 30 minutes
Booking for R95 101 Training	or Frontline Staff (per agency)
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Reaching the 95% Resources

R95 website

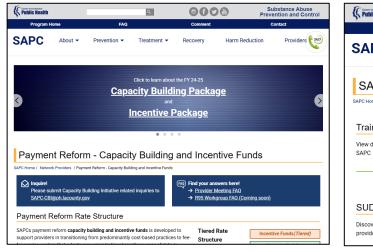




R95 Consultation Line (626) 210-0648

M-F 8:30am-5:00pm, excluding County holidays

SAPC Payment Reform



SAPC Trainings and Events

Courtor to Iss Austral Public Health Program Home		۹. FAQ		Comment		Substance Abuse Prevention and Control Contact	
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Email

R95: SAPC-R95@ph.lacounty.gov **Payment Reform** (VBI) : SAPC-VBI@ph.lacounty.gov



COUNTY OF LOS ANGELES

Brief overview of Reaching the 95%





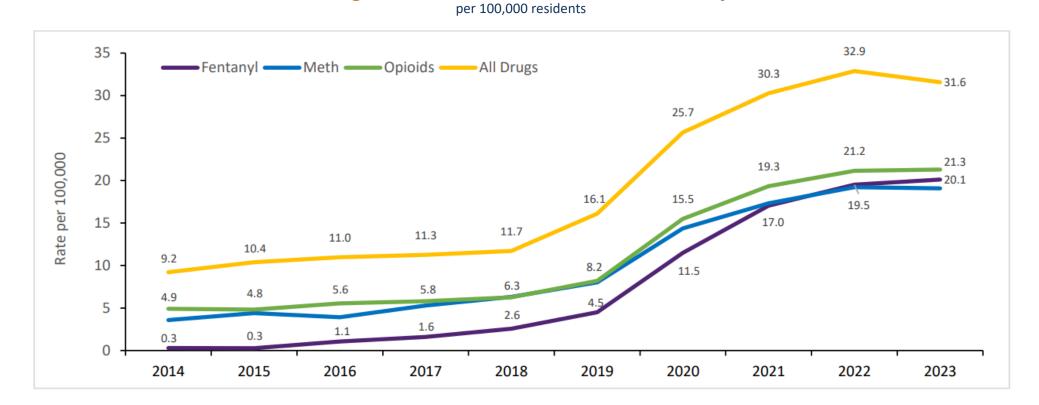
"The opposite of addiction is NOT sobriety; the opposite of addiction is <u>connection</u>"





We are in the worst overdose crisis in national and local history

Drug Overdose Death Rate in LA County



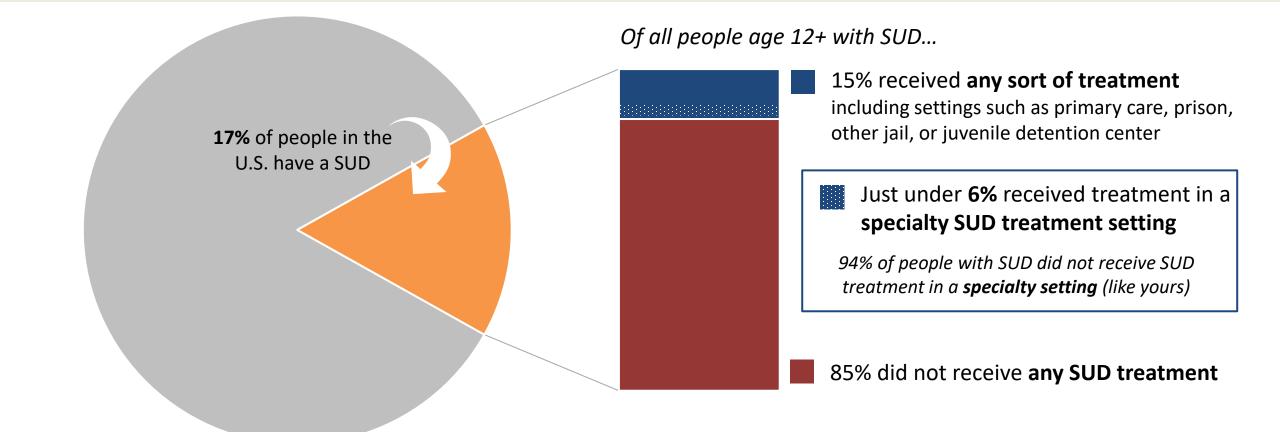
*Notes: All drug overdose deaths in this report are due to accidental drug overdose, excluding intentional overdose such as suicide. Opioids refers to accidental overdose deaths involving all opioids, including fentanyl and heroin. Meth refers to methamphetamine. All drugs refer to all accidental overdose deaths involving alcohol and/or drugs, including fentanyl, meth, and opioids.

Data Report: Fentanyl Overdoses in Los Angeles County. Health Outcomes and Data Analytics Branch, Substance Abuse Prevention and Control, Los Angeles County Department of Public Health, July 2024.



Very few people with SUD seek treatment

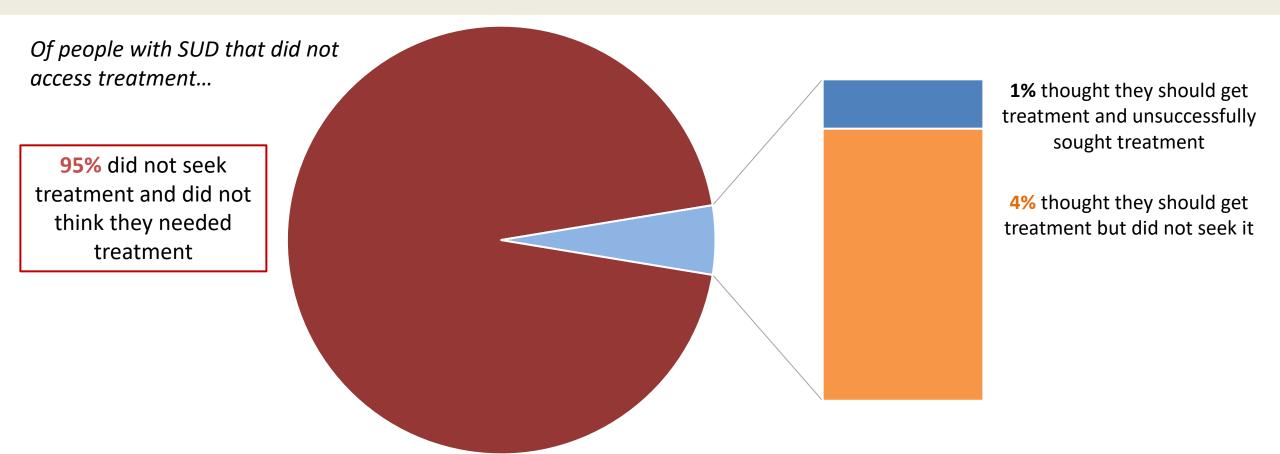
In the SUD treatment field, we offer something few people receive, and even fewer people want, yet we often **establish criteria to access services** as if it's a hot commodity.





It's time to improve access by reaching out to those we've missed

The SUD treatment system needs to change its public image to encourage people with SUD to access services





The top reasons people did not seek treatment

- 78.6% thought they should have been able to handle their alcohol or drug use alone
- 47.5% did not know how or where to get treatment
- 45.3% worried about what people would think or say if they go treatment
- 33.4% couldn't find treatment program/healthcare professional they wanted to go to

- 63.4% not ready to start treatment
- 53.3% not ready to stop or cut back using alcohol or drugs
- 49.2% thought it would cost too much
- 34.4% health insurance would not pay enough for costs of treatment
- 39.5% did not have enough time for treatment
- 35.8% worried that information would not be kept private



Guiding principles of Reaching the 95%

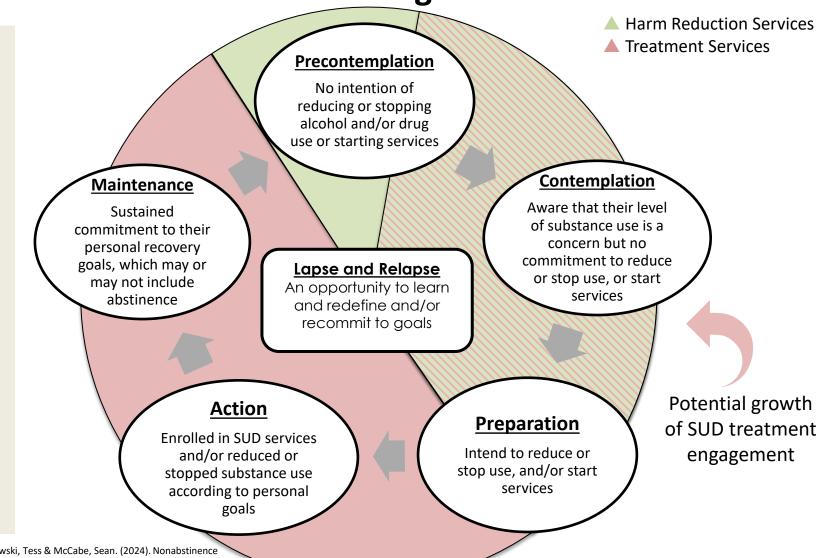




Harm Reduction and Treatment Integration

In recognizing the ups and downs of recovery, we need to take a different approach to SUD and better connect those that need treatment services but may not be ready for 100% abstinence at admission.

- 65% of adults in self-identified recovery reported alcohol or other drug use in the past month.¹
- People with AUD with non-abstinent goals prior to engaging in treatment are still likely to achieve clinically significant reductions in consumption.²



 Pasman, Emily & Evans-Polce, Rebecca & Schepis, Ty & Engstrom, Curtiss & McCabe, Vita & Drazdowski, Tess & McCabe, Sean. (2024). Nonabstinence among US Adults in Recovery from an Alcohol or Other Drug Problem. Journal of Addiction Medicine. 10.1097/ADM.000000000001408.
 Dunn KE, Strain EC. Pretreatment alcohol drinking goals are associated with treatment outcomes. *Alcohol Clin Exp Res* 20131;37(10):1745-1752.



Common misconceptions about R95





Common misunderstandings

R95 means we have to admit absolutely everyone

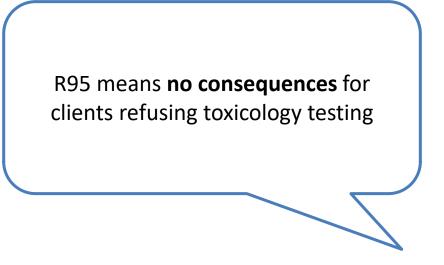
- R95 encourages a more realistic and compassionate approach to deeming someone "ready" for treatment when it comes to readiness for abstinence or how a client defines abstinence
- SAPC recognizes the value of each agency's unique offerings, approach, and "special sauce" that means some provider agencies can cater more specifically to some clients' needs than others
- If your provider agency is not a fit for the individual, agencies may/must provide a warm hand off to a suitable treatment agency with the appropriate LOC
- LA County departments (including DMH, DCFS, Probation, and LACOE) have been directed by the BOS to collaborate with DPH-SAPC on training staff on SUD and how to make referrals, how treatment works, etc.
 - There is strong support from these departments for R95
- Should treatment provider agencies run into issues with these other agencies, providers should notify <u>SAPC-R95@ph.lacounty.gov</u> for support and resolution
- Provider agencies should still offer testing voluntarily to support clients, but a client not testing should not end the treatment relationship

Treatment provider agencies will receive **backlash from DHCS, DCFS, Probation,** etc., especially with the R95 toxicology policy



Common misunderstandings

- Provider agencies are still allowed to have consequences for refusing toxicology testing, as outlined in the Toxicology Policy and Patient Agreement, and declining toxicology testing should always initiate a discussion with clients about the reasoning for that decision.
- R95 only prohibits automatic discharge/refusal to admit solely for refusing toxicology testing. However, for clients generally disengaging in treatment (where refusal to test is on feature of disengagement), agencies may appropriately discharge client

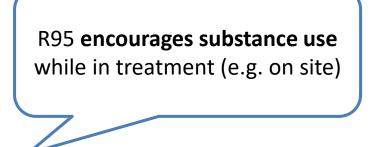




- R95 allows provider agencies to discharge for cause and only prohibits automatic discharge solely for expression of symptoms (lapse/relapse)
- If a client is violent, threatens violence, brings substances on site, refuses to engage in treatment, etc. then agencies may appropriately discharge client
- The R95 Discharge Policy and Client-Facing Admission Agreement required language templates include space for agencies to outline specific standards for discharge, as long as they are not in conflict with R95



Common misunderstandings



- R95 does not support substance use AND calls for compassionate understanding that recovery is challenging and not linear
- The Admission Policy and Agreement required language templates were updated for FY 25-26 to highlight that possession, use, and distribution/sale of substances on site is prohibited (and an appropriate reason for discharge, at agency's discretion)

- R95 absolutely supports abstinence AND requires agencies to operate in real world understanding that lapses are part of most recovery journeys and clients may define abstinence and recovery differently
- R95 does prohibit automatic discharge of clients for a re/lapse or return to substance use as it is a symptom of the chronic condition they've sought you out to treat
- If you are already continuing treatment for clients that lapse in your care, you are already practicing in alignment with R95

